Sermon Notes: 4-5-20

Redeeming Disruptions

**Understanding the distractions in our lives helps us pursue spiritual formation.**

We reveal our heart when we have

      Palms Up

      Palms Out

      Palms Back

Questions for Conversation

* When has a disruption in your routine helped you to grow?
* What is something good that can come out of this disruption we are experiencing?
* What choices do you need to make, for this season to produce something good?